

Mondayfunday

See back overleaf for more information

Monday Singing for Wellbeing

Every week at the United Church

Class One 10.00am-11.30am

Class Two 11.45am-1.15pm



Monday Seated Exercise Class - Mildmay Court

Every week at the Common Room in Mildmay Court, 10.30am-12noon

Tuesday Pub Lunch - Winchester

Every week, at The Roebuck Inn, Stockbridge Road - 11.45am

Tuesday Pub Lunch - Sutton Scotney

Every week, at The Coach & Horses, Oxford Road - 11.45am

Tuesday Exercise Plus - Winchester

Every week at the United Church

Class One 10.30-11.30am

Class Two 11.45am -12.45pm



Tuesday Exercise Class - St Johns

Every week at St John's Community Room, Colebrook Street:

Class One: 10.15am-11.15am

Class Two: 11.30am - 12.30pm

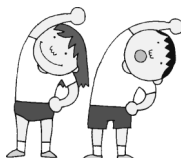


Tuesday Exercise Plus - Alresford

Every week at Makins Court, Windsor Road: 2.30pm - 3.30pm

Wednesday Seated Exercise Class - Winchester

Every week at the United Church:
10.30am -12noon



Fortnightly Wednesday Restaurant club

12-1.30pm at Brasserie Blanc, Jewry Street and Ziizzi, High Stret

Group 1: 14th & 28th June

12th & 26th July

Group 2: 7th & 21st June

5th & 19th July

Thursday Exercise Plus - Weeke

Every week at Weeke Community Centre, Taplings Road: 11.00am - 12noon

Thursday Exercise Class - Stanmore

Every week at Level 10 Church, Stanmore Lane, 10.30am-12noon

Thursday Exercise Classes - Godson House

Every week in the Common Room

Seated Class:10.00am-11.15am

Exercise Class: 11.30am-12.30pm

Friday Seated Exercise Class - Alresford

Every week at St Gregory's Church, Grange Road: 10.30am - 12noon
None on 14th July due to outing

Fortnightly Friday Activity Day

10.30am - 1pm at the United Church (Sandwich lunch served at 12.30pm)

9th, 23rd June & 7th, 21st July

Fortnightly Friday Lunch Club

11.00am - 1.30pm, the United Church:
2nd, 16th & 30th June & 28th July

None 14th June due to outing

Saturday Exercise Plus - Colden Common

Every week in Colden Common Village Hall, St Vigor Way: 10.30am -11.30am

Mondayfunday

5th June - Reminiscence Session in Gosport - £5

12th June - Bucklers Hard Museum & Short River Cruise - £8*

19th June - Tour of Fort Nelson - £5*

26th June - Furzey Gardens - £6*

3rd July - Local Walk

10th July - Highcliffe Castle - £6*

17th July - Hinton Ampner House & Gardens - £12*

24th July - Walk in Alresford (via public bus)*

31st July - Gurkhas Inn - 2 course meal, £5



Places are limited to 10 on all trips - allocated on first come first served basis. Where trips are oversubscribed we will endeavour to run another trip at a later date to meet demand. Transport is provided for trips out of Winchester and will depart from the United Church.

*These trips have facilities for purchasing lunch on site, this is not included in the price

The New Pound Coin

The new £1 coin entered circulation on 28 March 2017 and has been designed to help combat the problem of counterfeit coins. The new and old coins will continue to be in circulation together for a six-month period from 28 March until 14 October 2017. From 15 October 2017, the current round £1 coin will lose its legal tender status.

A reminder also that old-style £5 notes are no longer legal tender and will not be accepted by shops. These can be exchanged at the bank for new £5 notes.

At Live at Home we will continue to accept both old and new style coins and notes.

A big thank you to everyone who bought tickets for the MHA Live at Home Grand Draw
The winning raffle ticket numbers were: 03913, 03832 & 17727

Summer Outing: Friday 14th July

Longleat Safari Park - £35

Day trip includes drive through the safari park, to see lions, tigers, rhinos, monkeys, giraffes and many more. As well as all the animals you can visit Longleat House, a 16th century stately home which is the residence of the Marquess of Bath. You can visit the gardens, take a train ride around the lake, stop off at the petting zoo and so much more!

Price includes lunch, transport and park entrance.

A non-refundable deposit of £5 is required to secure your place.